

# Premier Training North Wales



**Training Schedule  
March to December 2020**

# Welcome to Premier Homecare Training

We provide high quality training specifically for the care sector, delivered by a highly skilled, occupationally competent trainer. We can also provide bespoke training courses either at your own premises or at our training suite in Alltami.

*For regular users there will be a 10% discount on all published cost for any course when there is a block booking of 4 candidates; plus an additional benefit of a free place for a candidate, if booking over 5 attendees.*

*Otherwise it will be the published prices (see course list) for a “one off” course.*

*The All Wales 2 day Moving and Positioning Course will now be at a reduced charge of £75.*

All our courses are interactive, fun and provide learners the opportunity to discuss specific issues relevant to their requirements.

At Premier Training we understand the constraints that may face Domiciliary Care providers and Care Homes; therefore we are able to offer an innovative and flexible approach to training.

We are a proactive training company, understanding the changes that are taking place in community care and are looking towards providing specialist or bespoke courses that would assist your staff to meet the changes to the level of needs within the community.

# **NHS / All Wales Manual Handling Passport** **2 days**

**£75 per person**

This 2 day course with the contents accredited, and has been designed for candidates working in the care sector with the recommendation of Health and Safety and follows the modules A – F within All Wales Manual Handling Passport. Course contents: - Legislation - Muscular-skeletal injuries & how to avoid them - Risk Assessments - Effective movement principles - Team Handling - Use of Handling aids – Hoists and slings. {Requires refresher training every two years}.

**Start time 9.30 am - Finish time 4.30 pm both days**

## **April - December 2020**

**20<sup>th</sup> & 21<sup>st</sup> April 2020**

**11<sup>th</sup> & 12<sup>th</sup> May 2020**

**8<sup>th</sup> & 9<sup>th</sup> June 2020**

**13<sup>th</sup> & 14<sup>th</sup> July 2020**

**10<sup>th</sup> & 11<sup>th</sup> August 2020**

**7<sup>th</sup> & 8<sup>th</sup> September 2020**

**12<sup>th</sup> & 13<sup>th</sup> October 2020**

**9<sup>th</sup> & 10<sup>th</sup> November 2020**

**7<sup>th</sup> & 8<sup>th</sup> December 2020**

# **NHS/All Wales Manual Handling Passport Refresher**

**£55 per person**

This course is taken within 2 years of the completion of the Manual Handling Passport {or sooner dependent on location and organisations} as an update to the 2 day course already completed. Course contents: Modules C – F within All Wales Manual Handling Passport, effective movement principles, use of Handling aids, ensure safe practice, refresh on and provide instruction and facilitate the safer moving and positioning of the client using the maneuvers trained, ensuring the health and safety of both staff and client

**Start time 9.30 am - Finish time 4.30pm**

## **April – December 2020**

**27<sup>th</sup> April 2020**

**18<sup>th</sup> May 2020**

**15<sup>th</sup> June 2020**

**20<sup>th</sup> July 2020**

**17<sup>th</sup> August 2020**

**21<sup>st</sup> September 2020**

**19<sup>th</sup> October 2020**

**16<sup>th</sup> November 2020**

**14<sup>th</sup> December 2020**

## **Medication**

**Certification Valid for 1 year:**  
**{Annual refresher required or may vary dependent on location or organisation}**

**£50 per person**

The content of this course is accredited through the Open College Network (O.C.N.), with a test paper with a 75% pass mark for competency, and includes:

Awareness of relevant legislation and the importance of correct recording: awareness of the basics of medication, understanding the need to control medication administration: have an awareness of controlled drugs and responsibility of completing documentation: have knowledge of medication errors and adverse reactions: have knowledge about the storage and correct disposal of medication: Understanding of the application of Ear, Eyes Nasal drops and Nasal spray.

**Start time 9.30 am - Finish time 1.00 pm**

### **April - December 2020**

**17<sup>th</sup> April 2020**

**14<sup>th</sup> May 2020**

**5<sup>th</sup> June 2020**

**10<sup>th</sup> July 2020**

**7<sup>th</sup> August 2020**

**4<sup>th</sup> September 2020**

**9<sup>th</sup> October 2020**

**6<sup>th</sup> November 2020**

**4<sup>th</sup> December 2020**

## **Medication Refresher**

**£40 per person**

The content of this course is accredited through the Open College Network (O.C.N.), with a test paper with a 75% pass mark for competency, and includes:

Awareness of relevant legislation and the importance of correct recording: awareness of the basics of medication, understand the need to control medication administration: have an awareness of controlled drugs and responsibility of completing documentation: have knowledge of medication errors and adverse reactions: have knowledge about the storage and correct disposal of medication: Understanding of the application of Ear, Eyes Nasal drops and Nasal spray

**Start time 9.30 am - Finish time 12.30 pm**

### **April - December 2020**

**28<sup>th</sup> April 2020**

**19<sup>th</sup> May 2020**

**16<sup>th</sup> June 2020**

**21<sup>st</sup> July 2020**

**18<sup>th</sup> August 2020**

**22<sup>nd</sup> September 2020**

**20<sup>th</sup> October 2020**

**17<sup>th</sup> November 2020**

**15<sup>th</sup> December 2020**

# **Infection Control**

**£40 per person**

The content of this course is accredited through the Open College Network (O.C.N.), with a test paper with a 75% pass mark for competency, which includes:

Basic infection control principles, Hand Hygiene, Personnel Protective Equipment - Handling and disposing of waste. Legislation, Reportable Diseases, Micro-Organisms, Chain of Infection, Disposal of waste, Standard Principals of Infection Control.

**Start time 9.30 am - Finish time 12.30 pm**

## **April - December 2020**

**23<sup>rd</sup> April 2020**

**5<sup>th</sup> May 2020**

**2<sup>nd</sup> June 2020**

**7<sup>th</sup> July 2020**

**4<sup>th</sup> August 2020**

**10<sup>th</sup> September 2020**

**6<sup>th</sup> October 2020**

**3<sup>rd</sup> November 2020**

**1<sup>st</sup> December 2020**

# **Food Hygiene & Nutrition Awareness**

**£40 per person**

The content of this course is accredited through the Open College Network (O.C.N.), with a test paper with a 75% pass mark for competency, which includes:  
providing an awareness of food safety and legislation. The importance of nutrition, Food poisoning, its symptoms and its causes, Bacteria, Food storage, and safe preparations of foods.

**Start time 9.30 am - Finish time 12.30 pm**

## **April - December 2020**

**15<sup>th</sup> April 2020**

**6<sup>th</sup> May 2020**

**3<sup>rd</sup> June 2020**

**8<sup>th</sup> July 2020**

**5<sup>th</sup> August 2020**

**2<sup>nd</sup> September 2020**

**7<sup>th</sup> October 2020**

**4<sup>th</sup> November 2020**

**2<sup>nd</sup> December 2020**



# **Dementia Awareness**

**£50 per person**

This course offers an awareness of Dementia conditions. The Aim of this course is to inform the candidate about the different forms of Dementia and the affect that it has on the client /resident, the carer and families involved.

The objective of the course is to give the candidate, an understanding of Dementia and the problems encountered an understanding of Early Onset Dementia and the social & economic problems faced by the person and their family. Plus, an understanding of Challenging Behaviour, exploring Person Centred Care, and group discussion of bad practice in Dementia care.

**Start time 13.30 am - Finish time 16.30 pm**

## **April - December 2020**

**23<sup>rd</sup> April 2020**

**5<sup>th</sup> May 2020**

**2<sup>nd</sup> June 2020**

**7<sup>th</sup> July 2020**

**4<sup>th</sup> August 2020**

**10<sup>th</sup> September 2020**

**6<sup>th</sup> October 2020**

**3<sup>rd</sup> November 2020**

**1<sup>st</sup> December 2020**

# **Emergency First Aid at Work**

**£50 per person**

This course is ideal for all staff to enable them to have more confidence to deal with an emergency situation.

Candidates will have knowledge of, and will have the opportunity to practice: - Cardiopulmonary Resuscitation (CPR) & abdominal thrusts - Caring for the unconscious casualty - Dealing with blood loss and shock - Management of fractures - Heart Attacks & Strokes - Burns and scalds - Responding to major / minor illnesses.

**Start time 9.30 am - Finish time 1.00 pm**

## **April - December 2020**

**24<sup>th</sup> April 2020**

**15<sup>th</sup> May 2020**

**12<sup>th</sup> June 2020**

**17<sup>th</sup> July 2020**

**14<sup>th</sup> August 2020**

**11<sup>th</sup> September 2020**

**16<sup>th</sup> October 2020**

**13<sup>th</sup> November 2020**

**11<sup>th</sup> December 2020**

# **Emergency First Aid at Work – Refresher Course**

**£40 per person**

This course is ideal for all staff to enable them to have more confidence to deal with an emergency situation.

Candidates will have knowledge of, and will have the opportunity to practice: - Cardiopulmonary Resuscitation (CPR) - Caring for the unconscious casualty - Dealing with blood loss and shock - Heart Attacks & Strokes - Burns and scalds - Responding to major / minor illnesses

**Start time 9.30 am - Finish time 12.30 pm**

## **April – December 2020**

**1<sup>st</sup> May 2020**

**21<sup>st</sup> May 2020**

**19<sup>th</sup> June 2020**

**23<sup>rd</sup> July 2020**

**21<sup>st</sup> August 2020**

**23<sup>rd</sup> September 2020**

**23<sup>rd</sup> October 2020**

**19<sup>th</sup> November 2020**

**18<sup>th</sup> December 2020**

## **Health & Safety Awareness**

**£30 per person**

This course gives staff an understanding of Health & Safety Legislation's, key points of COSHH and RIDDOR and risk assessments in the workplace. Look at infection control and manual handling. Exploration of fire safety including the fire triangle and sources of ignition.

**Start Time 9.30 am – Finish Time 12.30 pm**

### **April - December 2020**

**16<sup>th</sup> April 2020**

**7<sup>th</sup> May 2020**

**4<sup>th</sup> June 2020**

**9<sup>th</sup> July 2020**

**6<sup>th</sup> August 2020**

**3<sup>rd</sup> September 2020**

**8<sup>th</sup> October 2020**

**5<sup>th</sup> November 2020**

**3<sup>rd</sup> December 2020**

# **Sensory Loss & Effective Communication**

**£30 per person**

This course is designed to help staff understand the factors that impact individual with Sensory Loss and dual sensory loss and the importance of effective communication for these individuals. Recognize possible symptoms of sight / hearing loss. How to provide support to an individual with Sensory Loss.

**Start time 2.30 pm - Finish time 4.30 pm**

## **April - December 2020**

**22<sup>nd</sup> April 2020**

**13<sup>th</sup> May 2020**

**10<sup>th</sup> June 2020**

**15<sup>th</sup> July 2020**

**12<sup>th</sup> August 2020**

**9<sup>th</sup> September 2020**

**14<sup>th</sup> October 2020**

**11<sup>th</sup> November 2020**

**9<sup>th</sup> December 2020**

# **Safeguarding of Vulnerable Adults {SOVA}**

**£40 per person**

This course will benefit all who work in the care sector, offering an awareness and understanding of the term Adult Abuse. Look at Legislation relating to Abuse, recognise the signs and symptoms and identify different types of abuse and their role in regards to safeguarding adults. Look at whistle blowing, barriers to reporting and the correct procedure when carrying out the reporting process.

**Start Time 1.30 pm – Finish Time 4.30 pm**

## **April - December 2020**

**16<sup>th</sup> April 2020**

**7<sup>th</sup> May 2020**

**4<sup>th</sup> June 2020**

**9<sup>th</sup> July 2020**

**6<sup>th</sup> August 2020**

**3<sup>rd</sup> September 2020**

**8<sup>th</sup> October 2020**

**5<sup>th</sup> November 2020**

**3<sup>rd</sup> December 2020**

## **Mental Capacity Act Awareness {MCA}**

**£20 per person**

What is the Mental Capacity Act and its purpose? How mental capacity is determined and assessed, the 5 principals of the MCA, Lasting Powers of Attorney, Independent Mental Capacity Advocates and their role, Duties & responsibilities under the MCA, helping people to make decisions and look at what DoLS is.

**Start Time 9.30 am – Finish Time 11.30 am**

### **April - December 2020**

**22<sup>nd</sup> April 2020**

**13<sup>th</sup> May 2020**

**10<sup>th</sup> June 2020**

**15<sup>th</sup> July 2020**

**12<sup>th</sup> August 2020**

**9<sup>th</sup> September 2020**

**14<sup>th</sup> October 2020**

**11<sup>th</sup> November 2020**

**12<sup>th</sup> December 2020**

## **Person Centred Care**

**£20 per person**

This course covers the principals behind person centred care and how this is translated into actual care. Topics covered are Maslow's Hierarchy of needs and how simple day to day tasks with support can help enhance an individual's well-being and also the Equality Act 2010. The principals of care such as privacy, dignity, choice, rights, and respect are discussed. This module can be tailored to specific workplaces if needed. Contact the training department for more information.

**Start Time 12.30 pm – Finish Time 2.15 pm**

### **April – December 2020**

**22<sup>nd</sup> April 2020**

**13<sup>th</sup> May 2020**

**10<sup>th</sup> June 2020**

**15<sup>th</sup> July 2020**

**12<sup>th</sup> August 2020**

**9<sup>th</sup> September 2020**

**14<sup>th</sup> October 2020**

**11<sup>th</sup> November 2020**

**12<sup>th</sup> December 2020**



**Full Induction for New Care Staff Covering all  
Core Training as listed below**

**Day 1 (full day)**

Infection Control  
Dementia Awareness

**Day 2 (half day)**

Food Hygiene & Nutrition

**Day 3 (full day)**

Health & Safety Awareness  
Safeguarding of Vulnerable Adults

**Day 4 (half day)**

Medication

**Days 5 & 6 (full days)**

All Wales Manual Handling Passport

**Day 7 (full day)**

Mental Capacity Act Awareness  
Person Centred Care  
Sensory Loss & Effective Communication

**£350 per person**

**Additional course available to complete at  
additional cost**

**Emergency First Aid at Work**

## Booking a course

You can enquire about or book a course by emailing your enquiry to **info@phnw.co.uk** or **donna@phnw.co.uk** or by contacting our office on 01244 544442 and ask for the training manager.

A booking form will be sent out to you on receipt of your training course enquiry.

On receipt of the booking form, you should read it, sign it and return it, this will secure your place(s)

The booking form will contain;

The course title

Course date and time

Name of attendee or number of places requested

Cost

Details for invoicing purposes

**Also the terms and conditions which you can read below**

### **Terms & Conditions**

There will be a cancellation charge of 50% of the course fee unless 5 working days' notice is given.

If you do not attend the training on the day then there will be a charge of 100%.

A substitute name for attendance is acceptable, please inform for registration documents.

Advanced notice required, of any candidates who have additional requirements in regards to their learning styles or needs, allowing time for preparation.

Advanced notice required of any Welsh language requirements at time of booking the course, allowing time for preparation.

All bookings must be confirmed by returning the Booking Form signed and Dated. There is no placement guarantee unless a signed booking form by a manager has been returned to Premier Homecare.

Premier Homecare reserve the right to cancel scheduled training courses on the grounds of the Trainer being unavailable to due to sickness or A-another form of emergency.

We ask all delegates to arrive 15 minutes prior to start time for Registration.

All courses are held in our training suites at the Alltami office,  
We have ample free parking – refreshments are provided.  
To book your staff on these courses, please contact our Training Department for further information:

Telephone 01244 544442

Or

Email: [info@phnw.co.uk](mailto:info@phnw.co.uk) or [donna@phnw.co.uk](mailto:donna@phnw.co.uk)

VISIT OUR WEBSITE: - [www.phnw.co.uk](http://www.phnw.co.uk) for more information

## **OFF SITE TRAINING AVAILABLE ON REQUEST**

**Our trainer can come to your premises to provide staff with their training requirements.**

**You can enquire about a course, the cost of off-site training or book a course by emailing your enquiry to [info@phnw.co.uk](mailto:info@phnw.co.uk) or [donna@phnw.co.uk](mailto:donna@phnw.co.uk) or by contacting our office on 01244 544442 and ask for the training manager.**

**The terms and conditions of off-site training are below.**

### **Terms & Conditions**

Equipment requirements for off-site training are a separate training room with at least 3 tables (they can be small) and chairs for candidates.

For Moving & Handling training in addition to the above a Hoist and bed to use for demonstration purposes is required.

There will be a cancellation charge of 50% of the course fee unless 5 working days' notice is given.

If the course is cancelled on the day then there will be 100% charge.

A substitute name for attendance is acceptable, please inform for registration documents.

Advanced notice required, of any candidates who have additional requirements in regards to their learning styles or needs, allowing time for preparation.

Advanced notice required of any Welsh language requirements at time of booking the course, allowing time for preparation.

We reserve the right to cancel training on the day if adequate facilities are not provided and charge 50% of the course fee.

Premier Homecare reserve the right to cancel scheduled training courses on the grounds of the Trainer being unavailable due to sickness or

A-another form of emergency. There is no placement guarantee unless a signed booking form by a manager has been returned to Premier Homecare.

**\*Bespoke courses are also available on request including Challenging behaviour awareness, B.I.L.D. (British Institute for Learning Disability), Epilepsy awareness and Palliative care\***

If there are any other specific training requirements we could help you with please do not hesitate to contact the Training Manager on 01244 544442 or [info@phnw.co.uk](mailto:info@phnw.co.uk) or [donna@phnw.co.uk](mailto:donna@phnw.co.uk)

**PLEASE NOTE: occasionally course times may be altered, please check when booking and note times on booking confirmation forms**